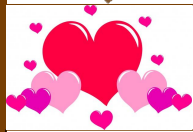


## February 2023 Monroe Central Jr/Sr High School



### MC Golden Bears



1 Salisbury Steak /Gravy Mashed Potatoes /Roll Fresh Veggies Fruit & Milk	2 Sloppy Joe /WG Bun Steamed Broccoli Fresh Veggies Fruit & Milk	3 Coney Dog /WG Bun Baked Beans Fresh Veggies Fruit & Milk
6 Chicken Tenders Green Beans Fresh Veggies Fruit & Milk	7 Pulled Pork Nachos Refried Beans Fresh Veggies Fruit & Milk	8 Chicken & Noodles Mashed Potatoes /Roll Fresh Veggies Fruit & Milk
13 Cheesy Breadsticks w/ Marinara Sauce /Carrots Fresh Veggies Fruit & Milk	14 Ham Sandwich /WG Bun Baked Beans Freh Veggies Fruit & Milk	15 Baked Turkey /Gravy Mashed Potatoes /Roll Fresh Veggies Fruit & Milk
20 <b>No School President's Day</b>	21 Beef Nachos Refried Beans Fresh Veggies Fruit & Milk	22 MC Sub /WG Bun Side Salad Fresh Veggies Fruit & Milk
27 Pizza Steamed Corn Fresh Veggies Fruit & Milk	28 Chicken Patty /WG Bun French Fries Fresh Veggies Fruit & Milk	23 Rotini w/ Meat Sauce Carrots /Garlic Bread Fresh Veggies Fruit & Milk
		16 Quesadilla w/Salsa California Blend Veg Fresh Veggies Fruit & Milk
		17 <b>No School PD Day</b>
		24 Cook's Choice Entree Cook's Choice Veggie Fresh Veggies Fruit & Milk



A PEANUT BUTTER SANDWICH OR CHEF SALAD WILL BE OFFERED DAILY INSTEAD OF THE MAIN ENTREE

Be sure to stop in and eat breakfast each morning Prices are \$0.30 for Reduced Eligibility and \$1.25 for Paid Eligibility

Lunch prices are \$0.40 for Reduced Eligibility and \$2.30 for Paid Eligibility

Menu item(s) are subject to change if item(s) are unavailable.

Fresh Fruits, Veggies and Juices choices